



ALLIANCEHQ NEW SCHEDULE



| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY |
|-----------------|------------------------|------------------------------|------------------------|------------------------------------|-----------------------|
| 7am - 8am | EXECUTIVE | EXECUTIVE/ FUNDA. | EXECUTIVE NoGi | EXECUTIVE/ FUNDA. | |
| 10am - 11am | | | | | ALL KIDS |
| 11am - 12pm | | | | | FUNDA/ INTERM. |
| 12pm - 1pm | ADVANCED | ADVANCED | ADVANCED | ADVANCED | |
| 12pm - 2pm | | | | | ADVANCED |
| 5:00pm - 5:30pm | | 4-6yo KIDS | | 4-6yo KIDS | |
| 5:30pm - 6:30pm | 7-12yo KIDS | 7-12yo KIDS | 7-12yo KIDS | 7-12yo KIDS | |
| 6:30pm - 7:30pm | FUNDA./ INTERM. | FUNDA./ INTERM. | FUNDA./ INTERM. | FUNDA./ INTERM. | |
| 7:30pm - 8:30pm | ADVANCED | INTERM./ ADVANCED | ADVANCED | NoGi INTERM. / ADVANCED | |
| 8:30pm - 9:30pm | | FUNDA./ADVANCED | | FUNDA./ADVANCED | |